

Community Support Resources

Violence Against Women	
Organization	Services
<p>Anishnaabe Kwewag Gamig</p> <p>Address: confidential</p> <p>Phone: 905-352-3708 or toll free: 1-800-388-5171</p> <p>Web: www.akgshelter.com</p> <p>Email: akgec@eagle.ca</p>	<p>Fully accessible</p> <p>Specializing in support for aboriginal women, but aboriginal and non-aboriginal women and children (under 16) are welcome.</p>
<p>Bethesda House</p> <p>Address: confidential</p> <p>Phone: 905-623-6045 or toll free: 1-800-338-3397</p> <p>Web: www.bethesdahouse.ca</p> <p>Email: Bethesdahouse1@rogers.com</p>	<p>Fully accessible</p> <p>Interpretive Services</p> <p>Providing a comprehensive system of professional supports that are an integral part of our community's continuum of services to victims of domestic abuse.</p>
<p>Denise House</p> <p>Address: confidential</p> <p>Phone: 905-728-7311 or Toll free: 1-800-263-3725</p> <p>Web: www.thedenisehouse.com</p> <p>Email: info@thedenisehouse.com</p>	<p>Fully accessible on the main level</p> <p>Support for women of all ages, children with their mothers, girl children of all ages, male children up to age 17, with older male children considered on a case by case basis.</p>
<p>Herizon House</p> <p>Address: confidential</p> <p>Phone: 905-426-2181 or toll free: 1-866-437-4066</p> <p>Web: www.herizonhouse.com</p> <p>Email: administration@herizonhouse.com</p>	<p>Call for accessibility details</p> <p>Offers free confidential services 24 hours a day and provides a place of safety, support and empowerment for abused women and their children.</p>
<p>Y's Wish</p> <p>Address: confidential</p> <p>Phone: 905-576-2997 or Toll Free: 1-888-576-2997</p> <p>Web: www.ywcadurham.org</p> <p>Email: shelter@ywcadurham.org</p>	<p>Call for accessibility details</p> <p>Support for abused single women and women with children.</p>

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<p>DRIVEN</p> <p>Address: 1320 Airport Blvd., Oshawa ON L1H 7K4 Enter the clinic through the side door by the playground (east side of building)</p> <p>Phone: 905-432-SAFE (7233) OR 1-877-SAFE-905</p> <p>Web: http://www.durhamdriven.com/</p> <p>Email: info@durhamdriven.com</p>	<p>Fully Accessible.</p> <p>Open Mondays 8:30 a.m.- 4:30 p.m. Last walk-in or appointment at 3:15 p.m.</p> <p>Walk-ins and appointments welcome. Services free and childcare available.</p> <p>Support for women experiencing abuse and any forms of violence, including sexual violence.</p>

Emergency Hostels	
Organization	Services
<p>Cornerstone Community Services</p> <p>Address: 133 Simcoe St S, Oshawa</p> <p>Phone: 905-433-0254 (Intake Desk ext 228)</p>	<p>Some facilities are not fully accessible</p> <p>Males age 16 years and over in the shelter program</p> <p>Offers housing transition programs for both men and woman based on individual assessments</p>
<p>Muslim Welfare Home (women and children)</p> <p>Address: 425 Dundas St E, Whitby</p> <p>Phone: 905-665-0424</p> <p>Web: www.muslimwelfarecentre.com</p>	<p>Call for accessibility details</p> <p>Emergency shelter and hostel for women and children of any denomination.</p> <p>Food Bank specializing in Halal food.</p>
<p>Joanne's House (Durham Youth Housing and Support Services)</p> <p>Address: 82 Kings Crescent, Ajax, ON L1S 2M6</p> <p>Phone: 905-239-9477</p> <p>Web: www.durhamyouth.com</p> <p>Email : staff@durhamyouth.com</p>	<p>Call for accessibility details</p> <p>Emergency shelter with 13 beds for homeless youth (16-24). Other services include drop-in shower and washroom facilities, as well as clothing, meals, food cupboard.</p> <p>Will accept collect calls.</p>
<p>Emergency Motel Program</p> <p>Address: C/o Housing Services 506 Rossland Rd E, Whitby On</p> <p>Phone: 905-666-6222 or toll free: 1-800-669-2956 ext 2457</p>	<p>Call for accessibility details</p> <p>Single men or couples with children in their care, single women with male children over the age of 13 years of age, and women requiring accessible accommodation.</p>

Community Support Resources

Mobile Outreach Support Services	
Organization	Services
<p>Salvation Army Mobile Outreach Project</p> <p>Phone: 905-723-7422</p>	<p>Canteen serves supper every Monday from 7-8pm at Quebec and Simcoe Street (by the Glazier Medical Clinic). Canteen serves breakfast every Wednesday at 7am in the church parking lot at Simcoe street.</p>

Housing Outreach Workers	
Organization	Services
<p>Housing Help Durham (Community Development Council Durham)</p> <p>Address: 458 Fairall St, Unit 4, Ajax</p> <p>Phone: 905-686-2661 or toll free: 1-866-746-3696</p> <p>Web: www.cdcd.org</p> <p>Email: info@cdcd.org</p>	<p>Fully Accessible - Entrance, Parking</p> <p>Offers a rental housing registry service for landlords with rooms, apartments or houses to rent and prospective tenants.</p> <p>Also Information on non-profit and subsidized housing and information on emergency housing.</p>
<p>John Howard Society</p> <p>Address: 75 Richmond St, Oshawa</p> <p>Phone: 905-579-8482</p> <p>Web: www.jhsdurham.on.ca/housing</p>	<p>Accessible</p> <p>Walk-in intake is available Tuesday, Wednesday and Thursdays from 1:00p.m.to 3:00p.m.</p>

Drop-In Centres	
Organization	Services
<p>Gate 3:16 Outreach Centre</p> <p>Address: 394 Simcoe St S Oshawa,</p> <p>Phone: 905-432-5316</p>	<p>Partially accessible. There is a ramp to main entrance and accessible washroom facilities</p> <p>Drop in centre for homeless and street people 24 year(s) and older. Also provides tickets for Saint</p>

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Drop-In Centres	
Organization	Services
Web: ww.gate316.org Email: office@gate316.org	Vincent's Kitchen.
The Refuge (youth) Address: 300 Court St, Oshawa Phone: 905-404-2420 Web: www.refugeoutreach.com Email: contactus@refugeoutreach.com	Not Accessible Drop-in programs for homeless and street youth (16 years to 24 years).

Meals	
Organization	Services
St Vincent's Kitchen (Durham Outlook for the Needy) Address: 51 King Street E , Oshawa Phone: 905-434-7543 Web: www.stvincentskitchen.com Email: vincents@interlinks.net	Not Accessible Meals served Monday to Friday 3:30 pm-5:30 pm, Saturday from 3 pm-5 pm, Sundays from 12 noon-2 pm. Service is \$1.25 per meal, free for children under 12.
Gate 3:16 Outreach Centre Address: 394 Simcoe St, Oshawa Phone: 905-432-5316 Web: office@gate316.org Email: office@gate316.org	Partially accessible. There is a ramp to main entrance and accessible washroom facilities. Breakfast and lunch served daily.
The Refuge (youth) Address: 300 Court St Oshawa On L1H 4X3 Phone: 905-404-2420 Web: www.refugeoutreach.com	Not Accessible Serves breakfast and lunch each day for youth between the ages of 16-24.

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Meals	
Organization	Services
<p>Email: contactus@refugeoutreach.com</p> <p>Stop 46</p> <p>Address: 1525 Ritson Rd S Unit 46, Oshawa ON L1J 3M3</p>	<p>Monday/Wednesday/Friday AM</p> <p>Community kitchen with registration fee of \$5 per 5 days.</p>
<p>Salvation Army</p> <p>Address: 45 King St E, Oshawa ON</p> <p>Phone: 905-723-7422</p>	<p>Call for accessibility.</p> <p>Food Bank: Oshawa residents over age 16 yrs can use once every 3 months</p> <p>Community Kitchen: Mon:9:30am-11am & 7:00pm-8:30pm, Fri:9:30am-11:00am \$5/person</p> <p>Good Food Box: (fresh produce) second last Tue of the month. \$8/single box, \$12/family box. Money in by the 15th of the month.</p>

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Durham Access to Social Housing (Subsidized Housing)	
Organization	Services
<p>Housing Help Durham (Community Development Council Durham)</p> <p>Address: 458 Fairall St, Unit 4, Ajax</p> <p>Phone: 905-686-2661 or toll free: 1-866-746-3696</p> <p>Web: www.cdcd.org</p> <p>Email: manton@cdcd.org</p>	<p>Fully Accessible - Entrance, Parking</p> <p>Offers a rental housing registry service for landlords with rooms, apartments or houses to rent and prospective tenants.</p> <p>Also Information on non-profit and subsidized housing and information on emergency housing.</p>
<p>Durham Region Non-Profit Housing</p> <p>Address: 28A Albert St, Oshawa</p> <p>Phone: 905-436-6610</p> <p>Email: drnphc@durham-housing.com</p> <p>Web: www.durham-housing.com</p>	<p>Fully Accessible</p> <p>Owns and manages 1100 apartments and townhouses at 18 sites across Durham Region (except Ajax and Scugog). Serves seniors.</p>
<p>Durham Region, Housing Services Department</p> <p>Address: 605 Rossland Rd E, Whitby</p> <p>Phone: 905-666-6222 or toll free 1-800-669-2956</p> <p>Web: www.durham.ca</p>	<p>Fully Accessible</p> <p>Access to rent-geared-to-income housing for low income families, seniors and non-seniors across Durham Region.</p>
Legal Assistance	
Organization	Services
<p>Durham Community Legal Clinic</p> <p>Address: Oshawa Centre, 419 King St W Unit 3512</p> <p>Phone: 905-728-7321 or toll free: 888-297-2202</p> <p>Web: www.durhamcommunitylegalclinic.ca</p> <p>Email: dclinfo@gmail.com</p>	<p>Fully Accessible - Entrance, Parking</p> <p>Open Monday to Friday 8:30 am to 4:30 pm.</p> <p>Areas of law covered: TPA, WSIB, OW, ODSP, CPP, EI, CICB, disability, wills and power of attorney Links on the web site include relevant laws and statutes, government departments, boards and tribunals</p>